

Dear Friends,

It's <u>Sexual Assault Awareness Month (SAAM)</u>! We embrace this year's theme "Building Connected Communities" by offering two special SAAM events. On Thursday, <u>April 25th</u>, we are convening a national audience for the free virtual panel, <u>Legal Insights 2024: Key Issues in Sexual Violence Law. Register</u> early to secure your spot to hear from experts on new Title IX regulations, defamation law and the threat of perpetrators suing victims, stalking laws as a tool to prevent sexual violence, and, with our partners at <u>Reproductive Equity Now</u>, the intersection of reproductive rights and rape.

We will close SAAM 2024 together as a community on **April 30** with a free virtual yoga class from **MOTA**. Space for **MOTA + VRLC: Yoga for You** is limited so please register early to join us for this healing and inspiring gathering.

We are eager to continue to build connected communities throughout the year with additional <u>special events</u> in June (details below) and our annual <u>Shining Star Celebration</u> in October.

Please join us in bringing awareness to sexual violence throughout the year. We're excited to see you soon!

In gratitude, Stacy Malone Executive Director

#### **EVENTS**

**Connect with Experts on Sexual Violence Law** 



Legal Insights 2024: Key Legal Issues in Sexual Violence Law April 25, 2024
12:00 pm (EST) / 9:00 am (PST)

Explore current developments in sexual violence law and connect with experts navigating this ever-changing legal landscape! Join VRLC for our FREE virtual panel, <u>Legal Insights 2024: Key Issues in Sexual Violence Law</u>. This 60-minute discussion will cover Title IX, defamation law, stalking laws, and the intersection of reproductive rights and rape. Following the discussion, there will be a 20-minute Question & Answer with panelists. Thank you to <u>Reproductive Equity Now</u> for joining the panel! Advanced registration is required. Register today <u>here</u>.

# Virtual Yoga: Move, Breathe & Empower



Above: Graphic designed and provided by MOTA

VRLC + MOTA: Virtual Yoga for You Tuesday, April 30, 2024 6:00 pm (EST)/3:00 pm (PST)

Join **MOTA** and VRLC as we close Sexual Assault Awareness Month with an empowering evening online! Through the practices of pranayama (breath work), svadhyaya (self-study), and asana (yoga postures) we will move through ways to nurture ourselves and reclaim agency. Led by MOTA owner Monia Fernandez, this inclusive, virtual offering is FREE and open to all experience levels. Students should expect fluid movement with breath, moments to journal and gentle breath practices. We

hope you'll join us! Register today **here**.

While this event is free, donations to VRLC are appreciated. Your gift funds our legal services for sexual assault survivors. Donate today **here**.

# **Read Along with VRLC**

VRLC Virtual Book Club
June 6, 2024
5:30 pm (EST)/2:30 pm (PST)
@BettysBookList, Instagram

Join us for an entertaining and inspiring online book club experience with social media sensation, survivor and former VRLC client, Betty Cayouette.

Creator of viral book recommendation TikTok account @bettysbooklist, Betty's own debut novel, One Last Shot, brings readers along as past romance reignites on the Italian Riviera. Purchase Betty's book, read along with VRLC and join us for a fun Instagram Live here on June 6 at 5:30pm (EST).



## **Graze for a Great Cause**



VRLC Formaggio Grazing Board Class

June 8, 2024, 7:15 pm – 8:45 pm (EST)

Formaggio Kitchen Cambridge, MA

\$150.00/person. Advanced tickets required.

Snack with style - and support survivors! Join VRLC for a delicious grazing board building experience led by the master Kitchen Mongers at <a href="Formaggio">Formaggio</a>
<a href="Kitchen">Kitchen</a>. From portioning cheese to perfecting your salami rose technique, move through various stations learning from Formaggio experts. In addition to taking in tasty entertaining tips, attendees will also indulge in small bites from a professionally-prepared grazing board as well as carefully curated beverage pairings. Tickets to this limited capacity special event are available now.

Learn more and purchase your tickets today <a href="here">here</a>.

# **IN THE NEWS**

### RAISING AWARENESS FOR SAAM

Thanks to **OUTFRONT Media** for once again helping us share our message of survivor support during Sexual Assault Awareness Month. Be on the lookout for VRLC billboards showcasing our "Believe Survivors of Sexual Assault" message placed on well-traveled routes across Massachusetts throughout the month of April.





Tune in to <u>98.5 The SportsHub</u> and <u>WEEI</u>
<u>New England Sports Radio</u> throughout the month of April to hear Deputy Director
Stephanie Holt highlight sexual assault awareness. Thank you to Michael Feldman and <u>Feldman Geospatial</u> for providing this amazing opportunity to raise awareness.

Left: Michael Feldman of Feldman Geospatial with VRLC Deputy Director Stephanie Holt.

### **DONATE**

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